

# THE UNKNOWN TO KNOWN TRANSFERER

Our deepest fears are often connected to the unknown. When we move from the known to the unknown, fear is created. To accelerate the change back to the known, use this tool to put your life experiences into perspective and determine how you will grow as a result.

What am I most afraid of right now?	
What is the worst thing that could happen to me as a result of this fear?	
What control do I have over this situation?	
When was I most scared of an unknown?	How did I change as a result?
1)	
2)	
3)	
4)	
5)	
How do I transfer these past lessons to move out of today's Unknown to tomorrow's Known?	

