THE GRATITUDE BUILDER RESETTM

A year ago, you likely were grateful for entirely different things than you're grateful for now. What are they? What has happened to change and reset your gratitude level?

<u>A year ago</u> , I was grateful for these things:	
Now, I am grateful for these things:	
<u>A year ago</u> , I was grateful for these people:	
Now, I am grateful for these people:	
What I've Learned in a Year About Gratitude	

